

FLORAL PARK OPHTHALMOLOGY

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POSTERIOR LASER CAPSULOTOMY (PLC)

PRE-OPERATIVE & POST OPERATIVE INSTRUCTIONS

PRE-OPERATIVE INSTRUCTIONS:

- Take all meds as usual.
- Take only Tylenol for pain.
- No eye make-up.
- No earrings or neck jewelry.
- No perfume.
- May eat a light breakfast or lunch but avoid Caffeine.
- Must have transportation and someone to accompany you to and from your surgery.
- Bring sunglasses.
- **Time of arrival for your appointment will be confirmed with you by phone one day before procedure. Your eye will be pre-medicated ½ hour prior to procedure**

POSTERIOR LASER CAPSULOTOMY (PLC)

POST-OPERATIVE INSTRUCTIONS:

- Take all meds as usual.
- Take only Tylenol for pain.
- No eye make-up for 3 days.
- No heavy lifting or heavy exertion for 3 days.
- Must have transportation and someone to accompany you to and from your surgery.
- Use sunglasses.
- **Please use Prolensa in the operated eye. Use one drop, once a day, for one week starting today, Friday.**
- Use over the counter Lubricant Eye Drops (Soothe, Systane, Refresh etc.) if surgery eye feels a pinching sensation or you feel like something is in the surgery eye. The laser can cause a drying sensation.

EYE MEDICATION INSTRUCTIONS AFTER LASER PROCEDURE

START MEDICATIONS SAME DAY AS LASER PROCEDURE



TAKE PROLENSA

ONE DROP IN:

RIGHT EYE _____ LEFT EYE _____

ONCE A DAY:

FOR ONE WEEK / FOR 3 DAYS / FOR REPEAT SLTS
TAKE FOR 5 DAYS

RETURN TO OFFICE FOR FOLLOW-UP WITHIN: _____.

****Continue taking your eye medications (if you take any) unless directed otherwise by Dr. Jindra.****

**IN CASE OF AN EMERGENCY, FIRST CALL OFFICE.
IF NO ANSWER, PLEASE LISTEN TO THE MESSAGE FOR
FURTHER INSTRUCTIONS.**